



# Production & Products

Rainbow Roots Farm

2021 Season

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**Contact:**

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Artichoke: Tavor

*Details:* Green standard artichoke. 3-4" diameter fruits. Great for steaming, and harvesting the heart.



Basil: Genovese

*Details:* Large leaf Italian basil, prized for its flavor and heady aroma. Top pick for many cooks when making pesto.



Beans: Dragon's Tongue

*Details:* Unique, flashy heirloom. Tender and sweet and good in salads or cooked. Purple color disappears upon cooking.



Beans: Provider

*Details:* 5-5.5" freshly round pod green beans. Fresh and crunchy, great cooked or raw.



Beets: Boro

*Details:* Smooth, rich red skin and excellent flavor. Strong tops perfect for cooking or eating in salads.



Beets: Chioggia

*Details:* Alternating red and white rings. Good for pickling and fresh eating. Sweet flavor.



Bok Choy: Mei Qing Choi

*Details:* Flat, pale, misty-green stems with rich green leaves. Great in sauteed dishes.



Broccoli: Belstar

*Details:* Good sized, standard head broccoli. Great for eating raw or cooking in your favorite recipes!



### Brussel Sprouts: Dagan

*Details:* Smooth, attractive, medium-large sprouts. Great for cooking.



### Cabbage, Napa: Bilko

*Details:* 12" dark green heads. Have a good, mild, sweet flavor. Great for making sauerkraut or kimchi.



### Cabbage: Farao

*Details:* Attractive deep-green heads are filled with tender, thin, crisp, peppery-sweet leaves.



### Cabbage: Integro

*Details:* Medium-sized heads have a uniform high-round shape. The leaves are thick and crisp, but not tough. Beautiful purple color.



Cabbage: Famosa

*Details:* Deep blue-green heads weighing 2-4lbs. The yellow-tinted interior is filled with great, tender leaves with very good flavor.



Cabbage: Deadon

*Details:* Beautiful red savoy with light green interior leaves. Medium-large heads have a delicious, sweet flavor.



Cantaloupe: Magnificenza

*Details:* Delicious bright orange flesh with juicy texture and incredible sweetness.



Carrots: Dolciva

*Details:* Great, sweet flavor, juicy crunch, and an incredibly long storage life.



Carrots: Dragon

*Details:* Beautiful purple carrot with an orange-yellow inside. A great addition to any roasting, raw, or soup recipe.



Cauliflower: Mardi

*Details:* Heads are smooth, large, and heavy. Very white heads.



Cauliflower, Romanesco: Veronica

*Details:* Heads are lime-green with pointed, spiral pinnacles. Slightly nutty and more flavorful than other varieties.



Celery: Tango

*Details:* Stalks are flavorful, crunchy, and not as fibrous as common celery.



Chard: Bright Lights

*Details:* Lightly savoyed green or bronze leaves with stems of gold, pink, orange, purple, red and white with bright and pastel variations.



Cilantro: Caribe

*Details:* Standard, flavorful cilantro.



### Collard Greens: Georgia

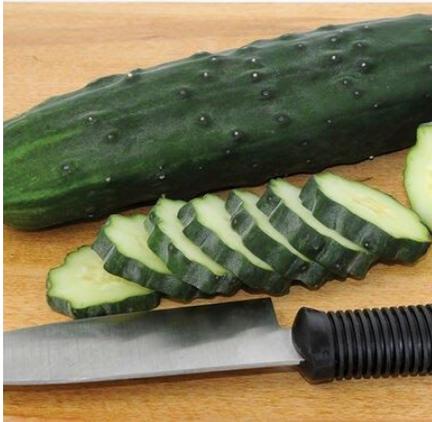
*Details:* Top producer of tender, mild flavored greens. Smooth leaves, white mid-ribs, and thrives in the southern heat.



### Sweet Corn: American Dream

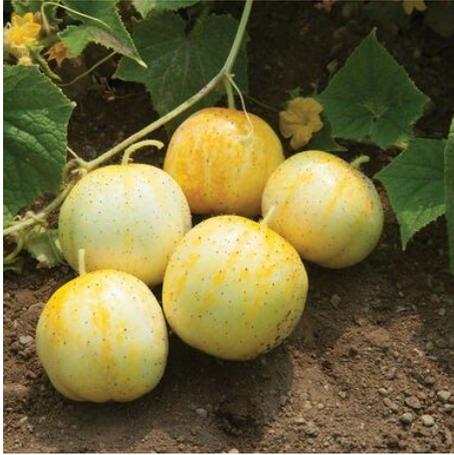
*Details:* Bicolor corn with exceptional flavor. Wouldn't be an Iowa summer without this.

Grown by: Miller's Sweet Corn in Parnell, IA



### Cucumber: Marketmore 76

*Details:* Tasty snacking cucumber with heat tolerance to avoid the bitter flavor in the heat of the summer. Can easily be pickled as well.



Cucumber, Lemon

*Details:* Small, round, pale-yellow cucumbers. A very versatile cucumber with sweet flesh. Though often served raw, Lemon is also a good pickling cucumber. Specialty market salad item.



Dill: Thalia

*Details:* Wide, flat fronds Perfect dill flavor that goes well with Katrina cucumbers.



Eggplant: Annina

*Details:* Spineless, purple-striped Italian type. Attractive teardrop shape. Cooks well.



### Fennel: Fino

*Details:* Known for sweet aroma and edible foliage. Strong, licorice flavor. Great for roasting.



### Fennel: Preludio

*Details:* Big rounded bulbs with traditional anise flavor.



### Garlic: Music

*Details:* Easy to peel, long cloves with beautiful purple stripes. Mild and creamy flavor when cooked.



Ginger, fresh:

*Details:* Freshest ginger you will ever eat. Juicy interior with very soft skin.

Grown by: Onion Grove in Tipton



Kale: Red Russian

*Details:* Bright purple stems and slate green, deeply lobed foliage. Great to mix with White Russian variety.



Kale: Curly Roja

*Details:* Densely frilled leaf edges, stunning purple-sage color, deep purple stems, and holds well after harvest.



Kale: Lacinato

*Details:* Deep blue, savoyed leaves. Leaves grow 3” wide by 18” long.



Kale: Darkibor

*Details:* Sturdy, tight curls and a deep green color.



Kale: White Russian

*Details:* Attractive blue-green leaves and long, white petioles. Toothed leaf shape. Great mixed with the Red Russian variety.



Kohlrabi: Kolibri

*Details:* The most attractive and uniform purple variety. 3” bulbs with deep purple skin and a crisp white flesh.



Kohlrabi: Korist

*Details:* Sweet flavor, crisp texture, and very clean skin. Light green color.



Leeks: Megaton

*Details:* Beautiful blue-green foliage. Long, thick shanks with less bulbing and splitting. Easier to peel! Great in potato leek soup!



Lettuce: Crispino (iceberg)

*Details:* Medium-sized, glossy green, firm headed iceberg lettuce. White interior, juicy, and mild.



Lettuce: Flashy Trout Back (Romaine)

*Details:* Attractive green leaves with red speckles. Spots darken from red to maroon as the plant matures. Eye-catching, yummy romaine variety.



Lettuce: Mirlo (butterhead)

*Details:* Large, bright green butterhead lettuce with delicious flavor.



Lettuce: Salanova (red & green)

*Details:* Sweet flavor and crunchy, crisp, succulent leaves. Heat tolerant for summer production. Romaine taste and iceberg texture. Red and green leaves.



Nasturtium: Kaleidoscope Mix

*Details:* Edible flowers to be used as garnish or in salads. Peppery-flavored flowers, a perfect addition to any meal.



Okra: Clemson Spineless

*Details:* Green okra great for stew, gumbo, or frying. Adds great thickness and flavor to meals.



Okra: Carmine Splendor

*Details:* Red okra great for stew, gumbo, or frying. Adds great thickness and flavor to meals.



### Bunching Onions: Parade

*Details:* Bright white shanks with no bulbing. Perfect for cutting and adding to soup, salad, and other favorite recipes.



### Onions, Red

*Details:* Strong skins, beautiful red color with good storage potential.

Grown by: Onion Grove in Tipton



### Onions, White

*Details:* Medium-large, blocky, firm, yellow onions. Flesh is tender with medium-long storage potential.

Grown by: Onion Grove in Tipton



### Parsley: Giant from Italy

*Details:* Large, flat leaves with strong parsley flavor.



Parsnips: White Spear

*Details:* Classic white parsnip shape with wide, round shoulders. Very delicious in soups and roasting.



Peppers, Jalapeño: Early

*Details:* Fruits average 2-4" and are slow to check (show small cracks in skin). Traditional jalepeño flavor.



Peppers, Sweet Frying: Carmen

*Details:* Best-tasting Italian frying peppers. Notably sweet with a shapely tapered silhouette. Not a spicy pepper.



Peppers, Bell: Olympus

*Details:* Thick, juicy walls and fruity sweet flavor. Medium-large in size. Great for cooking or eating raw.



Peppers, Bell: Sweet Sunrise

*Details:* Blocky yellow/orange bell pepper. Large and slightly elongated. Flavor is both fruity and sweet.



Peppers, Bell: Islander

*Details:* Light lavender skin with pale yellow flesh. 3-lobed, medium-sized bell peppers with a slightly sweet taste.



Peppers, Sweet: Lunch Box

*Details:* Red, yellow, and orange snack peppers. Beautiful, mini-sized peppers are remarkably sweet and flavorful. Perfect sauteed, in salad, or as a fresh snack!



Peppers, Banana: Goddess

*Details:* Sweet banana peppers for pickling or fresh eating. 8-9" fruits are long, smooth, and have thick walls. Fruits are mild when yellow and moderately sweet when they ripen red.



Peppers, Shishito:

*Details:* Small, mild Japanese pepper for roasting, pan-frying, and grilling. Rich flavor that is great with salt and lemon juice. Occasionally the fruit will display heat.



Peppers, Poblano: Ancho

*Details:* Mild heart-shaped chili perfect for stuffing in chile rellenos or dried for ancho chili powder. Moderately spicy with medium-thick walls.



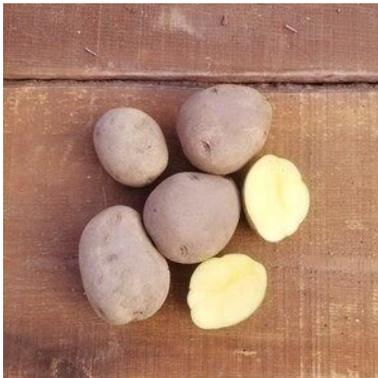
Potatoes: Adirondack Blue

*Details:* Dark skinned potato with dark blue flesh. Medium to large tubers.



Potatoes: Oneida Gold

*Details:* Bright yellow skin with a medium yellow flesh.



Potatoes: Peter Wilcox

*Details:* Medium purple skin and a medium to dark yellow flesh. High vitamin C content. High carotenoid content.



Potatoes: German Butterball

*Details:* Light yellow skin with light yellow flesh. Heirloom potato with a slightly russeted skin. Excellent flavor.



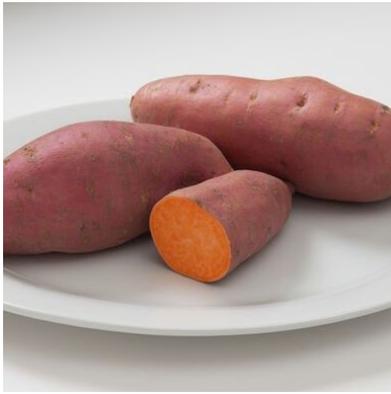
Potatoes: Red Prairie

*Details:* Oblong with red skin and white flesh. Smooth skin.



Potatoes: Dark Red Norland

*Details:* Red skin with white flesh. Excellent flavor. Early and very versatile potato.



Sweet Potatoes:

*Details:* Sweet flavor, pink skin, and extra sweet, deep orange flesh.

Grown by: Organic Greens in Kalona, IA



Radish: Pink Beauty

*Details:* Nice tender, crisp texture and taste. An eye-catching and top-quality radish.



Radish: French Breakfast

*Details:* Eye-catching deep pink roots with bright white tips and excellent eating quality.



Radish: Schwarzer Runder

*Details:* Unusual black skin with bright white flesh. Spicy flavor, excellent for salads.



Radish: Watermelon

*Details:* White-skinned radish with mildly sweet vibrant pink flesh for fall salads.



Rutabaga: Helenor

*Details:* Nicely round bulbs with light orange flesh and sweet flavor. Stores well.



Spinach: Bloomsdale

*Details:* Dark green, glossy, savoyed leaves. Tender leaves with excellent flavor.



Summer Squash, Patty Pan: Y-Star

*Details:* Shiny, yellow, scalloped squash fruits, with light green on the blossom end.



Tomatillos: Toma Verde

*Details:* Large, flat-round green fruits. Use in salsa or Mexican cooking.



Tomatoes, Cherry: Sungold

*Details:* Voted best cherry tomato in the country. Intense fruity flavor. Bright tangerine-orange cherry tomatoes leave everyone begging for more.



Tomatoes, Cherry: Indigo Cherry Drops

*Details:* Dark blue coloration and red flesh. Tasty in salads and beautiful to mix with other cherry tomatoes.



Tomatoes, Cherry: Favorita

*Details:* Round, deep-red cherry tomatoes with delicious flavor.



Tomatoes, Cherry: White Cherry

*Details:* Appealing, pale yellow cherry tomatoes have a good, mild taste. Beautiful addition to any dish.



Tomatoes: Big Beef

*Details:* Top choice for fresh market beefsteak tomatoes. Large 10-20oz, globe-shaped red fruit.



Tomatoes: Martha Washington

*Details:* Heirloom-quality pink slicer tomato. Soft, melting texture.



Tomatoes, Heirloom: Striped German

*Details:* Bicolor red-and-yellow fruit. Flat medium to large tomatoes have a complex, fruity flavor and smooth texture.



Tomatoes, Roma: Granadero

*Details:* Uniform, attractive, bright red, 4-5oz tomatoes with great flavor. Thick-walled fruit great for sauce, salsa, and salads.



Turnips: Hakurei

*Details:* Eaten raw, the flavor is sweet and fruity, and the texture is crisp and tender. The dark green, hairless tops are useful raw or lightly cooked with roots.



Turnips: Hinona Kabu

*Details:* Striking japanese turnip with bright purple shoulders and a long slender white root. Spicy, sweet flavor is great in salads, pickles, or cooked.



Watermelon: Crimson Sweet

*Details:* 15-25 lb classic sweet watermelon. Perfect for a hot summer snack.



Winter Squash, Acorn: Sweet Reba

*Details:* Awesome acorn squash, good for stuffing, soup, and desert! High sugar content, a fall must-have.



Winter Squash, Butternut: Waltham

*Details:* Grows 3-6 lbs. Dry, yellow-orange flesh with nutty flavor. Most popular baking squash.



### Winter Squash, Delicata: Bush

*Details:* Tastes very sweet and skin is tender enough to eat. Excellent for stuffing and baking, even right at harvest!



### Winter Squash, Delicata: Sugar Dumpling

*Details:* Perfect two-serving squash with creamy striped skin and very sweet flesh.



### Winter Squash, Pie Pumpkin: Cinnamon Girl

*Details:* Beautiful ornamental with excellent eating quality. Can be used for pie filling, pumpkin bread, or any other pumpkin-based recipes.



### Winter Squash: Spaghetti

*Details:* Oblong, medium-sized, light yellow fruits have very sweet flesh. Bake or boil this squash and the flesh separates into long noodles resembling spaghetti.



Zucchini: Green Machine

*Details:* Medium sized green squash with light flecking. Moderate spines. Classic green zucchini.



Zucchini: Golden Glory

*Details:* Crisp and mild flavored zucchini. Bright yellow skin.



Zucchini: Safari

*Details:* Green zucchini with attractive white stripes.

\*\*All crops could fail due to environmental, pest, or other unforeseen circumstances.